

ASSISTED LIVING AND MEMORY CARE

2450 N Stone Ridge Drive • Broken Arrow, OK 74012 • (918) 249-8000



#### **LEADERSHIP TEAM**

**Executive Director Zach Henson** Directors of Sales & Marketing Cherie Wallace **Anthony Fleming Director of Culinary Services Shelby Harrison** Director of Nursing Kayla Cooper Business Office Manager **Tiffany Goodwin Director of Plant Operations Cody Goodwin** Life Enrichment - Assisted Living Pam Lay

> Memory Care Director **Kevin Duncan**

## November 2020



## **Mums Say So Much**

The traditional flower for the month of November, the chrysanthemum is believed to represent happiness and longevity. Because mums typically bloom in the fall, they also symbolize beauty in the face of the coming winter.

#### WE HONOR ALL OUR PRAIRIE **HOUSE VETERANS**

| Cecil Beeson    | Navy      |
|-----------------|-----------|
| Donald Doty     | Marines   |
| Don Dufford     |           |
| Glenn Himes     | •         |
| Jim Hood        | Marines   |
| Jim Lubbers     |           |
| Jack Maynard    | Air Force |
| Donnie Morgan   |           |
| Woodrow Norwood |           |
| Ray Smith       | Navy      |
| Harry Stege     | •         |
| Duane Swanson   | Navy      |
| Catherine Swope | •         |
| Bob Taylor      | •         |
| James Wolff     | •         |



# November 2020

| Assisted Living and Memory Care   |  |  |  |   |   |  |
|---|--|--|--|---|---|--|
| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday   |
| 9:30 Yoga Stretch or Walking (WR) 10:00 Left Right Center (GP) 1:00 Creative Art (PA) 2:00 Corn Hole (GP) 3:00 Bingo (GP) | Sign Up for Hair Wash/set or Cut 2 on Tues. And Wed. 9:00 Chair Dance/Sing (WR) 10:00 Pandora's Box Art/Crafts (PA) 12:30 Monday Movie Matinee (BT) 1:00 ART 101 (PA) 1:30 Reading Max Lacado "Unshakable Hope" (BT) 3:00 Left Right Center (GP)         | FOOT CARE CLINIC OPENS (WR) 3 9:00 Chair dancing and singing (WR) 10:00 Bible Study (BT) 12:30 Tuesday Movie Matinee (BT) 1:00 ART 101 (PA) 2:00 Root beer Floats with CARTER (Morgan) GP 3:00 Bingo (GP)                                | 9:00 Chair Dance/Sing (WR) 10:00 Regal Readers Book Club (GP) donuts and coffee 12:30 Wednesday Western (BT) 1:00 Arts and Crafts (PA) 3:00 Happy Birthday Party (GP)    | 9:00 A spring in our step exercise (WR) 10:00 Pandora's Box Arts/Crafts (PA) 12:30 Thursday Thriller Movie (BT) 1:00 ART 101 (PA) 2:00 Health Talk with Pam (GP) 3:00 Corn Hole/Bean bag (WR) | 9:00 Fit and Fiesty exercise (WR) 10:00 Cranium Crunches Trivia (GP) 11:00 Out To Lunch Bunch (TBA) 12:30 Friday Matinee Flick (BT) 1:00 Arts and Crafts (PA) 1:30 Manicures (Blue Dome Salon) 3:00 Residents Social Hour | 9:30 Chair Dance Yoga (WR)  10:00 Bible Study (BT)  1:00 Bingo (GP)  1:00 Saturday Matinee (BT)  2:00 Creative Crafts (PA) with Sec 3:00 Bowling (GP)  |
| 9:30 Yoga Stretch or Walking (WR) 10:00 Left Right Center (GP) 1:00 Creative Art (PA) 2:00 Corn Hole (GP) 3:00 Bingo (GP) | Sign Up for Hair Wash/set or Cut 9 on Tues. And Wed. 9:00 Dance Party Chair Exercises 10:00 Pandora's Box Art/Crafts (PA) 12:30 Monday Movie Matinee (BT) 1:00 ART 101 (PA) 1:00 Celebrating our Veterans w/Transitions (GP) 3:00 Left Right Center (GP) | Blue Dome Salon Opens 12:30 10<br>9:00 Chair dancing and singing<br>(WR)<br>10:00 Bible Study (BT)<br>12:30 Tuesday Movie Matinee (BT)<br>1:00 ART 101 (PA)<br>2:00 Resident Council (GP)<br>3:00 Bingo (GP)                             | Veterans Day 11 9:00 Chair Dance/Sing (WR) 10:00 Regal Readers Book Club (GP) donuts and coffee 12:30 Wednesday Western (BT) 1:00 Arts and Crafts (PA) 3:00 Bowling (WR) | 9:00 A spring in our step exercise (WR) 10:00 Pandora's Box Arts/Crafts (PA) 12:30 Thursday Thriller Movie (BT) 1:00 ART 101 (PA) 3:00 Corn Hole/Bean bag (WR)                                | 9:00 Fit and Fiesty exercise (WR) 10:00 Cranium Crunches Trivia (GP) 12:30 Friday Matinee Flick (BT) 1:00 Arts and Crafts (PA) 1:30 Manicures (Blue Dome Salon) 3:00 Residents Social Hour                                | 9:30 Chair Dance Yoga (WR)  10:00 Bible Study (BT)  1:00 Bingo (GP)  1:00 Saturday Matinee (BT)  2:00 Creative Crafts (PA) with Sec  3:00 Bowling (GP) |
| 9:30 Yoga Stretch or Walking (WR) 10:00 Left Right Center (GP) 1:00 Creative Art (PA) 2:00 Corn Hole (GP) 3:00 Bingo (GP) | Sign Up for Hair Wash/set or Cut on Tues. And Wed.  9:00 Chair Dance/Sing (WR) 10:00 Pandora's Box Art/Crafts (PA) 12:30 Monday Movie Matinee (BT) 1:00 ART 101 (PA) 1:30 Reading Max Lacado "Unshakable Hope" (BT) 3:00 Left Right Center (GP)          | Blue Dome Salon Opens 12:30 9:00 Chair dancing and singing (WR) 10:00 Bible Study (BT) 12:30 Tuesday Movie Matinee (BT) 1:00 ART 101 (PA) 2:00 Health Talk with Encompass (GP) 3:00 Bingo (GP) 6:00 Pie night! bring your appetite! (DR) | 9:00 Chair Dance/Sing (WR) 10:00 Regal Readers Book Club (GP) donuts and coffee 12:30 Wednesday Western (BT) 1:00 Arts and Crafts (PA) 3:00 Bowling (WR)                 | 9:00 A spring in our step exercise (WR) 10:00 Pandora's Box Arts/Crafts (PA) 12:30 Thursday Thriller Movie (BT) 1:00 ART 101 (PA) 3:00 Corn Hole/Bean bag (WR)                                | 9:00 Fit and Fiesty exercise (WR) 10:00 Cranium Crunches Trivia (GP) 11:00 Out To Lunch Bunch (TBA) 12:30 Friday Matinee Flick (BT) 1:00 Arts and Crafts (PA) 1:30 Manicures (Blue Dome Salon) 3:00 Residents Social Hour | 9:30 Chair Dance Yoga (WR)  10:00 Bible Study (BT)  1:00 Bingo (GP)  1:00 Saturday Matinee (BT)  2:00 Creative Crafts (PA) with Sec  3:00 Bowling (GP) |
|   | Sign Up for Hair Wash/set or Cut 23 on Tues. And Wed. 9:00 Chair Dance /singing (WR) 10:00 Pandora's Box Art/Crafts (PA) 12:30 Monday Movie Matinee (BT) 1:00 ART 101 (PA) 1:30 Reading Max Lacado "Unshakable Hope" (BT) 3:00 Left Right Center (GP)    | Blue Dome Salon Opens 12:30 24 9:00 Chair dancing and singing (WR) 10:00 Bible Study (BT) 12:30 Tuesday Movie Matinee (BT) 1:00 ART 101 (PA) 2:00 Hot Cocoa Bar with Encompass (GP) 3:00 Bingo (GP)                                      | 9:00 Chair Dance/Sing (WR) 10:00 Regal Readers Book Club (GP) donuts and coffee 12:30 Wednesday Western (BT) 1:00 Arts and Crafts (PA) 3:00 Bowling (WR)                 | 10:00 Pandora's Box Arts/Crafts (PA)  | 9:00 Fit and Fiesty exercise (WR) 10:00 Cranium Crunches Trivia (GP) 11:00 Out To Lunch Bunch (TBA) 12:30 Friday Matinee Flick (BT) 1:00 Arts and Crafts (PA) 1:30 Manicures (Blue Dome Salon) 3:00 Residents Social Hour | 9:30 Chair Dance Yoga (WR)  10:00 Bible Study (BT)  1:00 Bingo (GP)  1:00 Saturday Matinee (BT)  2:00 Creative Crafts (PA) with Sec 3:00 Bowling (GP)  |
| 9:30 Yoga Stretch or Walking (WR) 10:00 Left Right Center (GP) 1:00 Creative Art (PA) 2:00 Corn Hole (GP) 3:00 Bingo (GP) | Sign Up for Hair Wash/set or Cut 30 on Tues. And Wed. 9:00 Chair Dance/Sing (WR) 10:00 Pandora's Box Art/Crafts (PA) 12:30 Monday Movie Matinee (BT) 1:00 ART 101 (PA) 1:30 Reading Max Lacado "Unshakable Hope" (BT) 3:00 Left Right Center (GP)        | HAPPY<br>Thanksgiving  | Thank You VETTERANS  | GIVE THANKS<br>EAT PIE  | Happy Birthday to Our Friends! November 02 Martha Ganders November 14 Doby Sanders November 16 Cathy & Lilly Swope  | Happy Anniversary to These Lovely<br>Couples!<br>November 14, 1962 Walt &<br>Doby Sanders<br>November 29, 1953 Jim &<br>Louise Hood                    |

# HAPPY BIRTHDAY TO OUR FRIENDS @ PRAIRIE HOUSE



November 02 Martha Ganders

November 14 Doby Sanders

November 16 Cathy Swope and Lilly Swope

THE STAFF WISHES THESE COUPLES A VERY HAPPY ANNIVERSARY

November 14, 1962 Walt and Doby Sanders

November 29, 1953 Jim and Louise Hood

# "This Month In History" NOVEMBER

**1921:** The Tomb of the Unknown Soldier is dedicated at Arlington National Cemetery in Virginia. The ceremony took place on Armistice Day three years after the end of World War I.

**1947:** England's future queen, Princess Elizabeth, marries naval officer Philip Mountbatten at London's Westminster Abbey.

**1956:** Rock 'n' roll star Elvis Presley makes his movie debut in the Western "Love Me Tender." The film's title was changed to showcase the singer's No. I hit song.

**1970:** Engineer Douglas Engelbart receives a patent for his invention, the computer mouse. He called the device a mouse because the cord looked like a tail.

**1984:** McDonald's marks a milestone by cooking up its 50 billionth hamburger at a celebration in New York City.

**1992:** Carol Moseley Braun makes history as the first African American woman elected to the U.S. Senate, representing Illinois.

**2000:** U.S. President Bill Clinton travels to Vietnam. He was the first American leader to visit the country since the end of the Vietnam War.

**2002:** The TV cooking show "Barefoot Contessa," hosted by Ina Garten, premieres on the Food Network channel.

**2016:** Earning over \$3 million in a single week, the musical "Hamilton" sets a Broadway record.

